

tortle PRECISION HEAD POSITIONING SYSTEM

ALL BABIES FROM 0-6 MOS. ARE AT RISK



Age-Appropriate Positioning Plans for your baby! For more information, see www.tortle.com

FIRST 72+ HOURS



Hi, I am wearing a Tortle Midliner for my

NEUTRAL POSITION

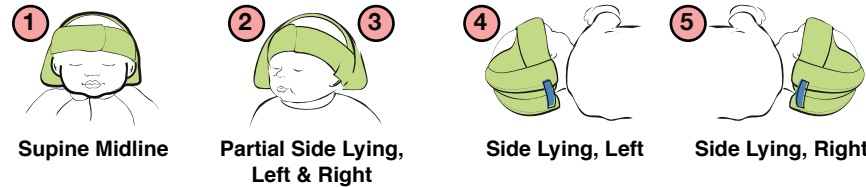
#1

Instructions for putting on my Midliner:

Start Date _____
End Date _____

1. Position me in supine midline.
2. Slide the open Midliner under my head until rolls are nearly touching my shoulders.
3. Gently pull each strap to remove the slack, then close the straps without tension over my forehead.

Beginning with supine midline position, please log roll me throughout the neutral positions as needed. I need to move at least once every 6 hours.



NOTE...Check tightness of fit and my skin at times of care.

FOR INFANTS UNDER 32 WKS OR UNDER 1500 gms AND AFTER NEUTRAL POSITION



Hi, I am wearing a Tortle Midliner for my

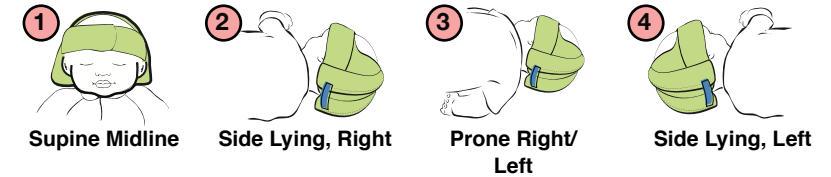
BASIC POSITIONING PLAN

#2

Instructions for putting on my Midliner:

1. Position me in supine midline.
2. Slide the open Midliner under my head until rolls are nearly touching my shoulders.
3. Gently pull each strap to remove the slack, then close the straps without tension over my forehead.

Beginning with supine midline position, please log roll me through the following four positions, turning me every 3-4 hours (repeat cycles until I am 32 weeks)



NOTE...Check tightness of fit and my skin at times of care.

FOR INFANTS 32-33 WEEKS



Hi, I am wearing a Tortle Midliner for my

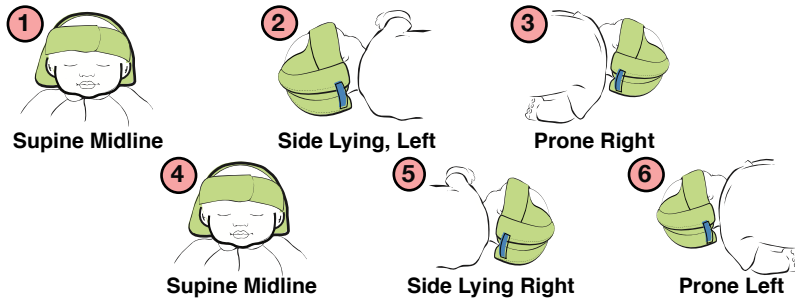
BASIC POSITIONING PLAN

#3

Instructions for putting on my Midliner:

1. Position me in supine midline.
2. Slide the open Midliner under my head until rolls are nearly touching my shoulders.
3. Gently pull each strap to remove the slack, then close the straps without tension over my forehead.

Beginning with supine midline position, please log roll me through the following positions, turning me every 3-4 hours, repeating cycles until 34 weeks.



NOTE...Check tightness of fit and my skin at times of care.

FOR INFANTS 34 WEEKS



Hi, I am wearing a Tortle Midliner for my

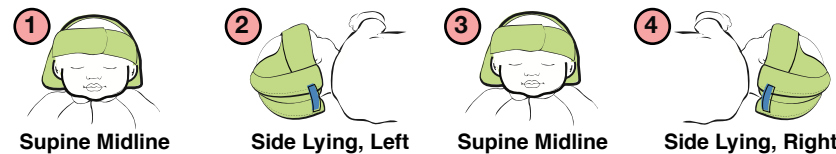
BASIC POSITIONING PLAN

#4

Instructions for putting on my Midliner:

1. Position me in supine midline.
2. Slide the open Midliner under my head until rolls are nearly touching my shoulders.
3. Gently pull each strap to remove the slack, then close the straps without tension over my forehead.

Beginning with supine midline position, please log roll me through the following four positions, turning me every 3-4 hours (repeat cycles until I am 34 weeks)



NOTE...Check tightness of fit and my skin at times of care.

34 WKS AND AFTER NEUTRAL POSITIONS

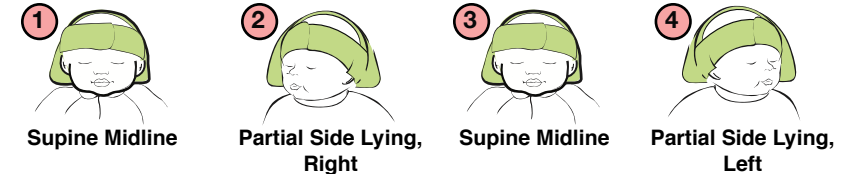


HI, I AM WEARING A TORTLE MIDLINER TO HELP IMPROVE MY HEAD SHAPE OR PREFERENCE

#5

Instructions for putting on my Midliner:

1. Position me in supine midline.
2. Slide the open Midliner under my head until rolls are nearly touching my shoulders.
3. Gently pull each strap to remove the slack, then close the straps without tension over my forehead.



NOTE...Check tightness of fit and my skin at times of care.